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○ ISSUE 1 | ○ VOLUME 2 | ○ February 2010

# Announcer CPA

THE CLEVELAND PSYCHOLOGICAL  
ASSOCIATION NEWSLETTER

## CPA News: Message from the President

*By Nicole Wagner, CPA President*

Welcome to 2010! My name is Nikki Wagner and I will be serving as the President for CPA this year. I'm honored to take over the position after a series of truly inspired presidents and I hope to continue the work that was started over the past few years. In 2010 our nation continues to struggle economically, politically, and socially as we face a variety of issues including high unemployment rates, health care reform, and world wide crises. As psychologists, I believe we are in a unique position to assist our clients, colleagues, and communities to more effectively cope with these issues. We recognize that painful experiences often compel change and shape a better world on an individual and a global level. I'm hoping that in 2010 CPA will provide many opportunities for all of us to reach out to others and help shape those changes in a positive way.

I'd like to congratulate the 2009 board for a very productive year and thank all of its members for their dedicated service. As a group, CPA was involved in several Health Fairs and other community outreach programs. Last year CPA made progress in connecting with the Cleveland School District and we are hoping to provide volunteer and mentoring opportunities to our members in 2010. Internally, we've made a number of technological advances. *The Announcer* is now available on-line and we have the capability of renewing membership applications and registering for meetings on-line. As we become more technologically sophisticated we are hoping that members find it easier to access information

and that prospective members and the public can see what our organization is about. In 2009 CPA offered 15 continuing education hours covering a range of psychological topics. These meetings provided opportunities for learning as well as networking and socializing. We also held our first student poster session at the annual meeting in December. This event was well attended by students who had the chance to present their research projects and to network with practicing psychologists. We hope to make this an annual event.

This year I plan to continue to focus on broadening our membership and making CPA an accessible organization to psychologists and students who work in a variety of settings and come from a variety of backgrounds. I am also hoping to connect CPA to other organizations with similar interests and provide a wider range of educational and community outreach opportunities to our members.

I encourage all of our members to get more involved. I look forward to meeting and working with many of you. Please do not hesitate to contact me with your ideas, concerns, and questions. CPA is here to serve the needs of its members.

Nicole Wagner, Ph.D. CPA President  
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## Mark your Calendars!

**February 15, 7:00 PM:** CE Dessert Meeting: Clinical Psychology and Science: The Baker, McFall, and Shoham Kerfluffle with Dave Rodgers, Ph.D.

**March CE:** International Adoption with Maureen Riley-Behringer Date/time TBA

**April CE:** Michael Ranney, Bobbie Celeste, Tom Swales: OPA update/legislative issues Date/time TBA

# CPA Events

## CPA Hosts First Student Poster Session

The Annual Meeting was also the site of CPA's First Annual Student Poster Session. A total of 13 student posters were accepted for presentation. Topics ranged from neuropsychological testing to the experiences of Orthodox women going through divorce. CPA members had the opportunity to interact with students and give feedback about posters. In addition, several of the students' faculty also attended the meeting in support. Students and members were both positive about the experience, and a second session for 2010 is in the planning stages. The award winning abstracts will be featured in each issue of the *Announcer* for this year (see page 4).

### Student Presentations:

- **Maura Wilson** : "Examining the Role of Talker-Specific Details in Older Adults' Perception of Spoken Words."
- **Anna Hawley** "Mood Congruency Effect on the Recall of Short Stories"
- **Shirley Rush** "Experience of divorced women within the Jewish Orthodox community"
- **Clare Mitchell** "Difficulty of older adult caregiver registries as a research tool."
- **Ashley Miller** "Examining the Self Corrected and Non-self Corrected Errors on the Stroop Test."
- **Basak Kacar Khamush** "Work – Family Interface of Turkish Immigrants"
- **Elizabeth Stevens** "Appraisal, Coping, and Wellbeing of Male and Female Caregivers: An Analysis of Multiple Mediation Effects and Moderation"
- **Jessica Newell** "Social Factors and Talker Effects"
- **Kesha Sweatte** "Birth Time of Year as a Predictor of Adult Achievement."

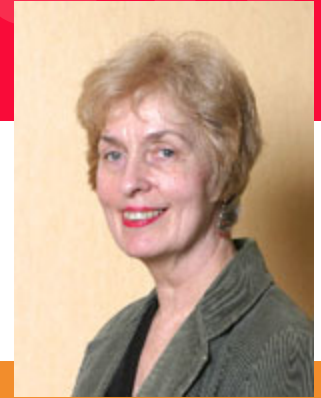
### Award winners: "Meritorious Abstract"

- **Darla Derrickson** "Does Internalized Homonegativity Affect Access to Health Care?"
- **Jenna Woodarek** "History of Pediatric Overweight and Post-surgical Weight Loss Outcomes"
- **Erin Lea** "Does age affect outcomes on a computer-based brain plasticity program?"

### "Honorable Mention"

- **Kelly Martincin** "Preliminary Normative Data of the Poreh and Martincin Naming Tests"

Annual Meeting  
Dec 7, 2009



Lifetime Achievement Award:

Sandy McPherson,  
Ph.D.



CPA Lifetime Achievement Award presented to Sandra B. McPherson, Ph.D.

The Lifetime Achievement Award was presented to Dr. Sandra B. McPherson at the December 2009 Cleveland Psychological Association meeting. Dr. McPherson was recognized for her outstanding body of work as a clinical and forensic psychologist, professor, researcher, and author. Dr. McPherson began her career in psychology with a bachelor's degree in psychology from Kent State University. She next earned a Master's degree from Western Reserve and ultimately received her Ph.D. in Clinical Psychology from Case Western Reserve University. A year after earning her doctorate, she became certified in professional psychology by the Ohio Psychological Association. Dr. McPherson soon went on to play a leading role in the creation of the Ohio Board of Psychology and was awarded the second license to practice professional psychology in the state of Ohio.

Dr. McPherson has presided over the Ohio Board of Psychology, the Ohio Psychological Association and the Cleveland Psychological Association. She currently consults for the Federal Bureau of Intelligence and local law enforcement agencies. She is also a member of the Examination Panel for the American Board of Professional Psychology in which she holds Diplomate status in Forensic Psychology. Dr. McPherson is currently a professor of clinical psychology at the Fielding Graduate University where she guides her students toward success as new psychologists. She is also an active researcher with journal publications including topics such as the MMPI-2 and the Thematic Apperception Test in forensic settings, death penalty mitigation, and custody evaluation.

Sandy McPherson is the lead author of the book *Methamphetamine Use: clinical and forensic aspects*, second edition. Through her writing, she has contributed to the knowledge base of psychology by writing book chapters on capital punishment and the insanity defense. She has also presented numerous papers at the local, national, and international levels.

Dr. McPherson has demonstrated exemplary leadership, scholarship, and professionalism as a Clinical Psychologist, and CPA was proud to recognize her many achievements.

## Telepsychology Guidelines

Do you use e-mail with patients? Text message?  
Connect with patients on social networking?  
The Ohio Psychological Association has developed its own Guidelines for telepsychology for using e-mail, the Internet and other telecommunication methods.

The guidelines are available online at:  
<http://www.ohpsych.org/professionallissues.aspx>

## Cleveland Psychological Association 2010 Officers

President:	Nicole Wagner, Ph.D.
Past President:	Kathleen Ashton, Ph.D.
President Elect:	Jill Mushkat, Ph.D.
Secretary:	Michelle Drerup, Psy.D.
Treasurer:	Rita Politzer, Ph.D.
Trustee at Large:	T.J. McCallum, Ph.D.
OPA Representative:	Amnon Shai, Ph.D.
Ethics:	Jill Mushkat, Ph.D.
Membership Chair:	Karen Tien, Ph.D.
Parliamentarian:	Barry Gordon, Ph.D.
Long Range Planning:	Rick Schiller Ph.D.
Technology Chair:	Kurt Jensen, Psy.D.
Marketing Chair:	Howard Hall, Psy.D., Ph.D.
Program Chair:	Lois Rose, Ph.D.
Treasurer in training:	Lou Sauer, Ph.D.

## Save the Date: CPA Cosponsors Workshop with Northern Ohio Clinical Social Workers Society

### Treating Attachment Trauma: Challenges For Therapists

Jon G. Allen, Ph.D., Menninger Clinic

April 17, 2010 8:00 AM to 4:00 PM

Lunch & Continental Breakfast Provided

Corporate College, 4400 Richmond Road, Cleveland, OH 44128

5.5 MCE; Cost to CPA members \$100.

Please call for more information: 440-343-6709

## Diversity Committee Provides Volunteer Opportunities for CPA Members

For the last six months of 2009, the diversity committee, with participation of other mental health professionals (social workers and psychologists) from the community, discussed opportunities to give back to the community, via volunteer activities.

There are two major venues which are open to CPA members: **Tutoring and or Social Mentoring** in Cuyahoga County schools. (Cleveland Municipal schools and other school systems.)

The students are of all ages: Elementary, Middle schools and High Schools. We will collaborate with the **Greater Cleveland Volunteers Organizations**, which are already active in many schools.

The second venue is to provide **Pro Bono counseling** to foster children, and to young adults who spent some time in foster homes in their earlier years. We will collaborate with "**A Home Within**," a national organization with representatives in Ohio.

For additional information contact Amnon Shai.

(E-Mail: [amnon1@roadrunner.com](mailto:amnon1@roadrunner.com) or via Voice Mail 216-556-1808.)

Please consider these opportunities and promote CPA's Volunteer "**Give Back to the Community Project**".

# OPA 60th Anniversary

By Cathy Gaw

The OPA 60th Anniversary committee continues to work on the Oral History Project, which was very well received at the OPA Convention. They are currently working on identifying funding/grant sources and DVD production resources. The project is likely to be of interest to OPA members, Ohio psychologists, college history and systems courses, and APA. Other states are already contacting OPA with interest on how to start similar projects.

OPA is looking for information from the Cleveland area to add to the project, including:

- 1) names of historical organizations/psychologists in their area,
- 2) volunteers to interview within their geographical area

Their hope is to conduct and submit interviews through 5/31/10, edit and produce DVD through 9/30/10, and have the DVD available by 11/10/10.

Please contact Cathy Gaw at [gawc@ccf.org](mailto:gawc@ccf.org) if you would like to volunteer or have information about psychologists important to Cleveland history.



## CPA Student Poster Session: Meritorious Abstract Does Internalized Homonegativity Affect Access to Health Care?

Darla Derrickson, Cuyahoga Community College

Leslie E. Fisher, Ph.D., Department of Psychology, Cleveland State University

The goal of the present study is to determine the extent to which internalized homonegativity affects access to health care for gay men. Internalized homonegativity refers to the personal acceptance and endorsement of sexual stigma as part of the individual's self-concept. People high in internalized homonegativity are less likely to self-disclose to others and often believe that others will reject them because of their sexuality (Cabaj, 1988; Kahn, 1991). Access to healthcare is important for all people, but particularly for gay men because they are at higher risk for HIV/AIDS, substance abuse, psychological issues, and some cancers (Gay and Lesbian Medical Association, 2002). We hypothesize that internalized homonegativity interferes with a gay individual's approach to seeking health care. Gay male participants will complete a demographic survey, the Internalized Homophobia Scale (Ross & Rosser, 1964), and a health care access questionnaire. Only the data from those participants who fall in the upper and lower quartile of the distribution of scores on the Internalized Homophobia Scale will be used in this study. Participants who fall in the upper quartile will constitute our high internalized homonegativity group and participants whose scores are in the lower quartile will constitute our low internalized homonegativity group. The main comparison will be made using a multi-factor analysis of variance so that the effects of internalized homonegativity, race, age, education level, and religious background on health care access can be accounted for. We expect that gay men scoring high in internalized homonegativity will be less likely to access appropriate health care than those gay men scoring low in internalized homonegativity. If these results demonstrate that internalized homonegativity does interfere with access to healthcare for gay men, then future research can be aimed at interventions that will make healthcare more accessible.

## CPA Brings Psychology to the Public

CPA was represented at a talk on "Coping With Financial Stress" at the Bedford branch of the Cleveland Public Libraries. Kathleen Ashton used APA public education materials and provided referrals through the CPA referral website as part of the program. If you are interested in connecting more with your community and doing public talks, please contact K. Ashton at [ashtonk@ccf.org](mailto:ashtonk@ccf.org).

## Membership Profile: Lou Sauer, Ph.D. By Karen Tien

In an effort to increase the membership's knowledge of one another, this column periodically will feature individual members in terms of their professional interests, professional work, involvement with CPA, outside interests, and fun facts. For this issue, I am pleased to highlight Lou Sauer, Ph.D. who recently joined the CPA board and will be serving in the role of Treasurer.

Dr. Sauer joined CPA in 2005. Her professional interests include cultural diversity, emotional stress, and alternative healing methods. Currently, she works full time as a psychologist at Cleveland State University's Counseling Center and also manages a small practice out of her home office. In the former role, she interacts with a diverse client population with a wide range of issues, facilitates a group relaxation hour, and teaches a continuing education class that is focused on working with clients with anxiety. In practice, her preferred modality is hypnotherapy, and she is an American Society of Clinical Hypnosis Certified Consultant.

When asked how CPA helps her, Dr. Sauer noted "CPA has been a great way to earn continuing education credits while learning about interesting topics, meeting nice people, and enjoying good food." The dinner programs furthermore have been conveniently located for her.

Outside interests for Dr. Sauer are varied and many. They include Michigan football, human rights, civil rights, peace, writing, photography, theatre, mystery thriller books, family, pets, meditating, interpreting her grandson's Twitter tweets, and taking it easy.

Lastly, for an additional fun fact, Dr. Sauer describes herself as "an unreconstructed Beatnik/Hippie raised for the most part by French-Canadian nuns." Meet Dr. Sauer at an upcoming program meeting and maybe she will tell you more about her story!



### Congratulations & Welcome:

New Life Member: Kent A. Young, Ph.D

New applicants for membership: Edward Overchuk, Ph.D. and Julie Merrell, Ph.D. and Judith Barker, Ph.D

## Book Review: Cartledge, Gwendolyn and Kleefeld, James (2009). *Taking Part: Introducing Social Skills to Children PreK ~ Grade 3 (Second Edition)*. Champaign, IL: Research Press.

This large, practical volume presents a comprehensive course in social skills training for young children, encompassing such topics as self expression, communicating feelings, cooperating and playing with peers and dealing with aggression and conflict. The topics are presented in developmental sequence and within each topic there are six or seven specific skills to be learned (e.g., making positive self-statements, joining a group activity, following game rules, etc). While the book is clearly geared to the classroom, this sort of instruction is easily adaptable to the clinical consulting room. As you might expect, lecturing to children in this age group is a totally useless enterprise, which is why Cartledge and Kleefeld wisely have made this a "multimedia presentation" with handouts, badges, puppet shows, role-play and stickers. This is a splendid resource for a clinician, something you can take off the shelf and use in whole or part with your child clients who have specific needs. The curriculum is obviously the result of elaborate field-testing, not a theoretical text.

A personal disclosure: I have known Jim Kleefeld for well over 30 years and can attest to the fact that he is one of the most creative (and funniest) people I know. His masterly creativity as a teacher shines through in this course.

Reviewed by Michael B. Leach, Ph.D.

## Ethics Column by Jill Mushkat

Reminder: ethics consults are a service available to CPA members at no cost and that efforts will be made to address any questions you may have and connect with whatever resources may be necessary to provide a response to the concern. At times there may be no exact answer, just some thoughts on options and a sounding board to address the dilemma. All calls are of course confidential. You may connect through the CPA office or my confidential voice mail at 216 491-6314.

# CLASSIFIEDS

**Classified Title** Post Doctoral Supervision

**Classified Description** **Post Doctoral Supervision**  
 I am looking for a psychologist to supervise my post-doctoral internship. I am currently an Assistant Professor of Aeronautical Studies at Kent State University. I have a Ph.D. in Clinical Psychology and my research involves the training and assessment of pilots. I am a former Airline Captain. My clinical goals are to assist pilots with psychological matters which include minor adjustment disorders and/or substance abuse (alcohol). Most, if not all, other psychological issues are disqualifying for pilots. The Federal Aviation Administration (FAA): AERO Medical Division will not issue or will suspend a pilot's medical, which is required for flight, if substance abuse (DUI) or psychological issues are suspected. In order to return to duty, pilots will have to go through psychological assessment and treatment if necessary. I will be going to training on this topic which is sponsored by the FAA and the Airline Pilots Association. The re-issuance or continued denial of the medical is determined only by the FAA; therefore, the supervising psychologist or supervisee is not liable.

**Things I am looking for in supervision**

A rich learning experience  
 Working with substance abuse  
 Implementing and interpreting psychological assessments  
 Adult psychotherapy

### Publications

Overchuk, E. J., & Niemczyk, M. (2009). Investigating multiple intelligence theory in pilot education and assessment. *Collegiate Aviation Review, Fall 57(2), 57-68.*

Overchuk, E. J. (2009). Self defense 101: An exploration of self defense training and its applicability for college flight majors. *The Journal of Aviation/Aerospace Education & Research, 18(3), 9-18.*

Overchuk, E. J (2008) *Aeronautical decision making and the function of multiple intelligence in pilots*, Paper published in the conference proceedings for Midwest Decision Sciences Institute Erie Pennsylvania.

Overchuk, E. J. (2005). *Martial arts psychology: A journey in personal growth and development* (Vol. 1). Valley View: National Institute of Martial Arts and Sciences.

Edward John Overchuk  
 Cell: (216) 870-9579  
 Home: (216) 524-5537  
 E-mail: overchuk@kent.edu

**Contact Name** [Edward Overchuk](#)

**Contact Phone** (216) 870-9579

**Classified Title** Westlake Office Condo For Sale

**Classified Description** 1 King James South  
 24700 Center Ridge Road, Suite 314  
 Price Reduced to \$42,900.00  
 Psychologist Office for 20 years  
 528 Usable Square Feet  
 2 Entrances. Large windowed office  
 Waiting Room and Reception Room  
 Could make two offices  
 Some Furnishings Included

**Contact name:** Michael Kilbane, Transaction Realty  
**Contact phone:** 216-390-0181

# CLASSIFIEDS

<b>Classified Title</b>	Psychologist: Supervisor of Psychological Assessment
<b>Classified Description</b>	<p>PSYCHOLOGIST: Supervisor of Psychological Assessment          Excellent opportunity for a psychologist to provide supervision, didactics/training, and direct service, mostly psychological assessments, in an APA approved predoctoral internship in Clinical Psychology with a Child/Adolescent focus. APA reaccreditation site visit completed September 10 and 11, 2009 with exceedingly positive feedback. The Supervisor of Psychological Assessment will provide face-to-face individual supervision for five interns, conduct didactics on assessment, proof read interns psychological evaluations and participate as a member of the Internship Planning Committee. This position will provide the successful applicant with an opportunity to blend teaching/training/supervision and direct service. Potential research projects could be available and are encouraged. We are committed to evidence based practices in our Practitioner Scientist Model. Must be licensed or license eligible in Ohio.</p> <p>For more information visit <a href="http://www.applewoodcenters.org">www.applewoodcenters.org</a>. Go to 'For Professionals' and click on Internship Programs, then click on Predoctoral Internship Brochure 2010 – 2011.</p> <p>Please send letter of interest and CV (electronic submission acceptable) to:</p> <p>Frank R. Ezzo, Ph.D., ABPP          2525 E. 22<sup>nd</sup> Street          Cleveland, OH 44115  <a href="mailto:fezzo@applewoodcenters.org">fezzo@applewoodcenters.org</a>          216-696-5800 Ext. 1144</p> <p>Applewood Centers, Inc. is an Equal Opportunity Employer and adheres to all standards and regulations therein.</p>
<b>Contact Name</b>	<a href="#">Frank R. Ezzo, Ph.D., ABPP</a>
<b>Contact Phone</b>	216-696-5800 (1144)

<b>Classified Title</b>	OFFICE SPACE EAST
<b>Classified Description</b>	<b>Office Space:</b> SOM Center Road and Mayfield Road in Mayfield Heights. \$204.00 - \$250.00 per month. Contact Steve, 440-646-9119.
<b>Contact Name</b>	Steven Kanter, Ph.D.
<b>Contact Phone</b>	440-646-9119

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<b>Classified Title</b>	Office Space East
<b>Classified Description</b>	Cedar and Green first floor office space available 2 to 3 days per week. Inner office with window and waiting area. Very reasonable with hourly to monthly rates.
<b>Contact Name</b>	<a href="#">Ken Gerstenhaber</a>
<b>Contact Phone</b>	216-409-0882